

Stroke is A Brain Attack

Are You At Risk?

The Warning Signs Are:

- Sudden Weakness
- Sudden Numbness
- Sudden Difficulty Speaking
- Sudden Severe Headache
- Sudden Change In Vision
- Sudden Confusion

Call 911 if you experience any of these Warning Signs.

Stroke (Brain Attack) Risk Factors

- Previous stroke/mini-stroke 10x higher risk
- High Blood Pressure7x higher risk
- Diabetes4x higher risk
- Atrial Fibrillation6x higher risk
- Heart Disease5-6x higher risk
- Carotid Artery Disease4x higher risk

Important Questions To Ask Your Doctor

- Do I have atrial fibrillation (irregular heartbeat)?
- Is my blood pressure below 140/90?
- Is my blood sugar below 120?
- Is my cholesterol below 180?
- Do I have heart disease?
- Are my carotid arteries (arteries in the neck) narrowed?



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The Maryland Brain Attack Center

The patient stroke information line call 1-800-492-5538

*For physician stroke consultation, call 1-800-373-4111
and ask for the Maryland Brain Attack Team.*

www.umm.edu/Stroke